



PROTECTION OR TREATMENT?

Pharmacology in the Time of Covid-19

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COVID-19 TREATMENT

- Do nothing
- Administer oxygen
- Administer medicines
- Hospital and ICU care



COVID-19 PROTECTION

Vaccines are considered the most effective form of healthcare intervention.

In 2013, it was estimated that 103 million cases of childhood diseases in the United States had been prevented by the use of vaccines since 1924.

REGULATION AND MANUFACTURING

How do you fast track a vaccine or a medicine?

Pharmaceutical breakthroughs usually take many years, but the Covid-19 pandemic has shown us it doesn't have to be this way.

Companies such as Pfizer, Moderna and AstraZeneca have overcome the hurdles to get their candidates through Phase III clinical trials in record time.

Safety testing and safety assessment is the same as any other medicine so why are COVID vaccines being approved for use so quickly?

The ethics approval process needs work:

The research ethics regulatory system has protected us against these risks for 50 years. It ensures newly released products will be safe and effective.

But the system has problems. It has become deeply bureaucratized and ethical discourse has often been replaced by rigid administrative rules and the slavish completion of forms.

Often the approval process can take months, and involve an extensive cycle of quibbling with little or no ethical content.

CLOSE COLLABORATION AND CO-OPERATION BETWEEN THE FDA, EMA, MHRA AND EACH VACCINE MANUFACTURER.





DEVELOPING VACCINES



Prof Martin Landray, co-chair of Recovery, said both vaccines and treatments are vitally important. Setting one above the other is a bit like saying “if you don’t want your house to catch fire or burn down, that because you’ve got all flame-retardant materials you don’t need the fire brigade”, he said. “We’re going to have to have treatments. And when you’re sick, whether you’ve had a vaccine or not, being told prevention is better than cure is not really terribly helpful.”

TYPES OF VACCINE

COVID-19

What are the different kinds of vaccine?



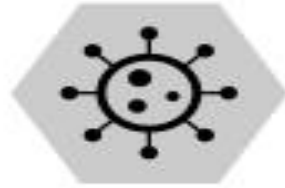
RNA

RNA vaccines work by introducing an mRNA sequence (the molecule which tells cells what to build) to the system which is coded for a specific antigen.



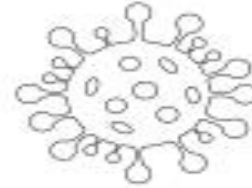
DNA

Short for deoxyribonucleic acid, DNA is another of the crucial macromolecules for life. A DNA vaccine involves the direct introduction into appropriate tissues of a plasmid - a doubled-stranded molecule which exists in bacterial cells.



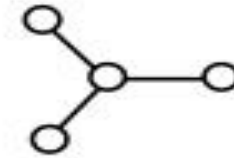
Viral vector

Vaccines use live viruses to carry DNA into human cells.



Virus-like particle

This type of vaccine contains molecules that mimic the virus but are not infectious and, therefore, not a danger. VLP has been an effective way of creating vaccines against diseases such as human papillomavirus (HPV), hepatitis and malaria.



Protein sub-unit

This kind of vaccine uses a part of the virus, in this case the protein component. These vaccines can also be used on almost anyone, including people with weakened immune systems and long-term health problems.



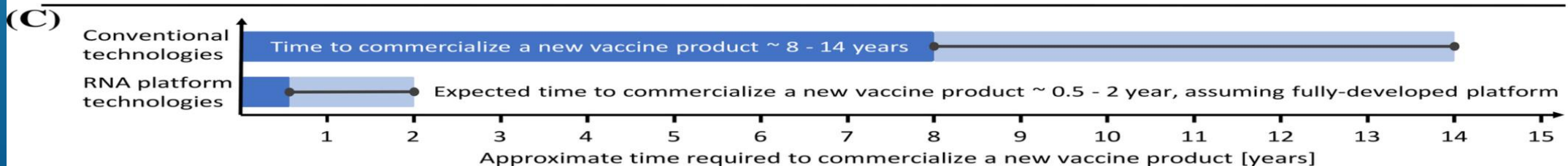
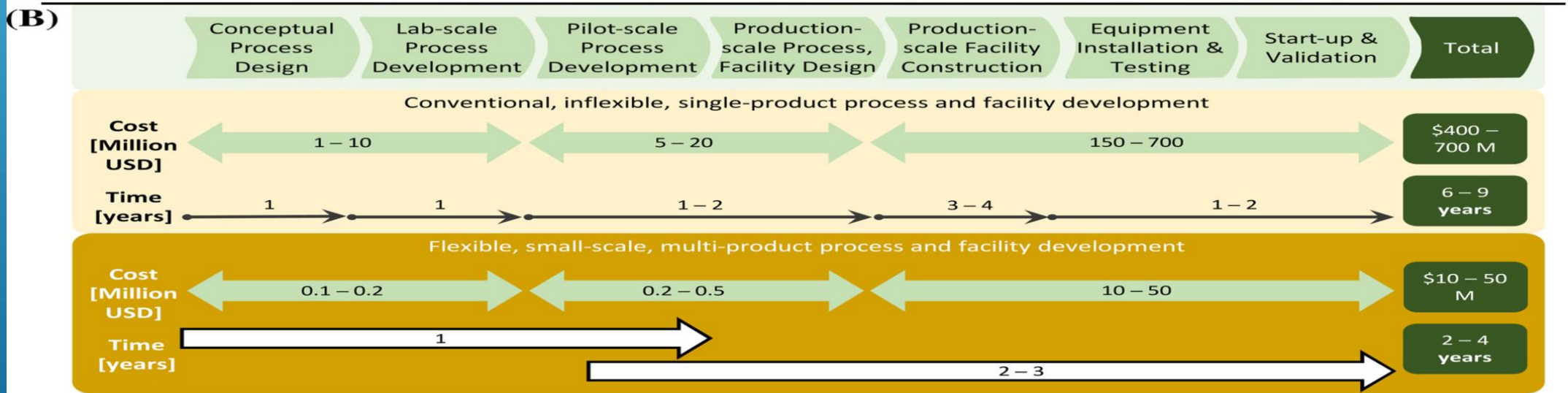
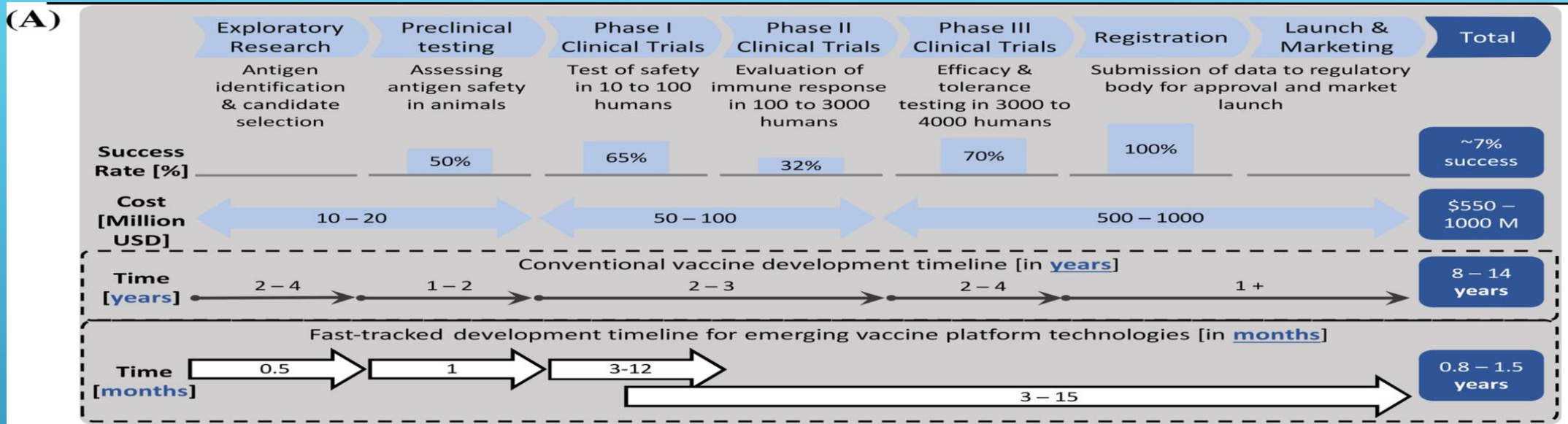
Inactivated virus

These vaccines use the dead version of the virus that causes a disease.

SO WHAT ARE THOSE TREATMENTS? WHAT WORKS?

- ▶ **Steroids** - In July, Horby and others published a paper showing that 12,000 lives in the UK and 650,000 worldwide could be saved by January by the widespread use of **dexamethasone**. The drug is now standard treatment for those who are on ventilators.
- ▶ **Anti-virals - Colchicine** is the latest drug to turn in exciting results, according to Horby. A Canadian study showed it may end up with 20% reduced risk of hospitalisation or death.
- ▶ **Mono-clonal antibodies** - There are quite a few positive results from monoclonal antibody studies to prevent people becoming seriously ill, such as **tocilizumab**, which is a monoclonal antibody given to rheumatoid arthritis patients.
- ▶ **Drugs to prevent blood** clots are looking promising. Clotting is a big issue in severe Covid as a result of inflammation – such as **aspirin, heparin**.

The problem is all drugs have side-effects, some are dangerous and require discontinuation of the drug, possibly leading to less chance of surviving the infection.



COVID-19

Vaccines under development

According to the World Health Organization (WHO), there are more than 150 vaccines under development for the coronavirus that has swept across the world.

Some of the vaccines are closer to release as they pass through the third phase of human trials. Vaccines made in Russia and China were released prior to the third phase of human trials.

| | TRIAL PHASE | | | PRIOR VACCINE DEVELOPMENT EXPERIENCE | APPROVAL STATUS | PRE-ORDERS | | | IMMUNE RESPONSE |
|--|---|--|---|--------------------------------------|-----------------|------------|---|------|-----------------|
| | 1 | 2 | 3 | | | Later | | Soon | |
|  ASTRAZENECA-OXFORD |  |  |  | NO | REVIEW | |  | | 70%* |
|  CANSINO BIOLOGICS |  |  |  | YES | LIMITED | |  | | HIGH |
|  GAMALEYA RESEARCH INSTITUTE |  |  |  | YES | LIMITED | |  | | MODERATE |
|  INOVIO-CEPI |  |  |  | NO | | |  | | NOT REPORTED |
|  JOHNSON & JOHNSON BARDA JANSSEN |  |  |  | YES | | |  | | MODERATE |
|  MODERNA-NIAID |  |  |  | NO | REVIEW | |  | | 94.5% |
|  NOVAVAX |  |  |  | NO | | |  | | HIGH |
|  PFIZER-BIONTECH |  |  |  | NO | REVIEW | |  | | 95% |
|  SINOPHARM-BEIJING INSTITUTE OF BIOLOGICAL PRODUCTS |  |  |  | YES | LIMITED | | | | MODERATE |
|  SINOVAQ-INSTITUTO BUTANTAN |  |  |  | NO | | |  | | LOW |

* One dosing regimen showed vaccine efficacy of 90 percent when it was given as a half dose, followed by a full dose at least one month apart. Efficacy was 62 percent when it was given as two full doses at least one month apart. The combined analysis from both dosing regimens resulted in an average efficacy of 70 percent.

SOURCE: REUTERS, WHO | NOVEMBER 24, 2020



MANUFACTURING VACCINES



COMPLIANCE

Good Manufacturing Practice (GMP) is a manufacturing control philosophy, that is applied by all approved manufacturers and health authorities to ensure that medicines and technologies used in health:

are safe,

that they work and

that they are reliable...and available

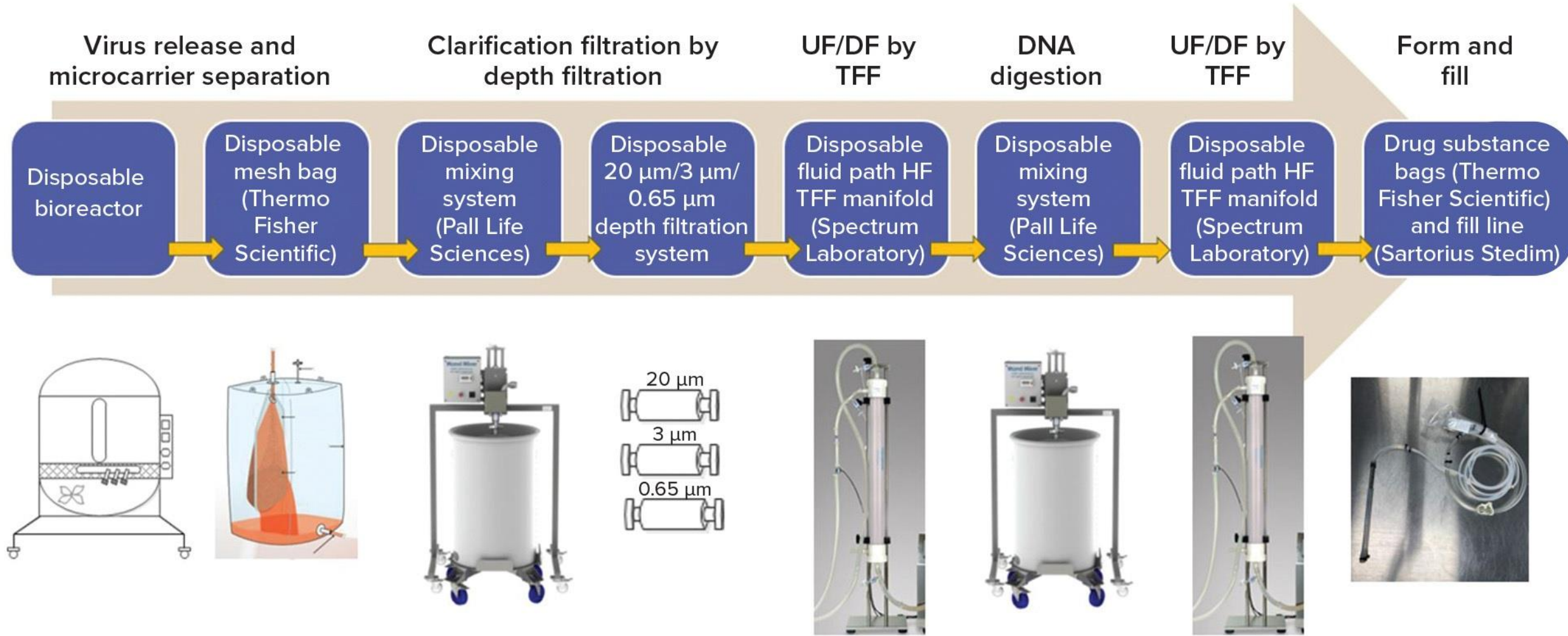
VACCINES: A COMPLEX MANUFACTURING PROCESS

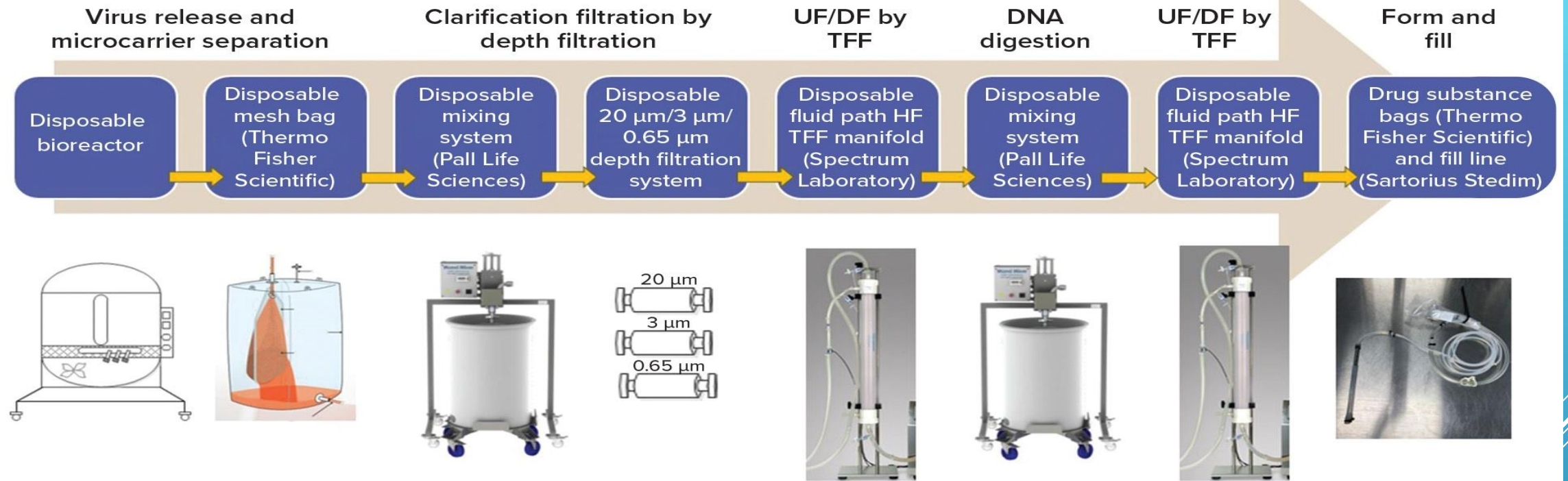


PRODUCTION TAKES BETWEEN
6 AND 36 MONTHS

70% OF THE TIME OF PRODUCTION OF A VACCINE IS DEDICATED TO **QUALITY CONTROL**, WHICH REPRESENTS SEVERAL HUNDREDS OF TESTS

The Manufacturing Process





CELL CULTURE AND PURIFICATION



FILLING VIALS – DOSAGE FORM

HEALTH OUTCOMES

What about the 'end' game?

Medicines treat the disease once you have it and there are often lifelong side effects.

Vaccines prevent disease
– like building a house to stay warm and dry.

THANK YOU

